

# Required Packing List a typical Friday-Sunday Winter Weekend

## Revision 1.0

### Wilderness Travel

- XC Skis, Boots and Poles or Snowshoes if we're headed to Tug Hill Plateau with deep snow
- Warm Pack Boots ( with removable liners to put in your sleeping bag at night)
- Backpack big enough to carry all gear on this list comfortably or a Duffle bag or plastic tote if gear will be hauled in on sleds
- Ski Goggles (to fit over glasses if you wear glasses)
- Face Mask
- Compass, Knife, Whistle, Fire starter and Matches
- Personal first Aid Kit
- Plastic Sled with rope pulls to carry all gear
- 50 Feet of Rope(parachute cord)**

### Clothing (**everything must be non-cotton material!**)

- 4 pair of heavy socks, you **will** want **liner socks** too
- Long johns top and bottom **for each day.**
- 1 pair – Pile pants, wool pants, or snow pants worn on 1<sup>st</sup> day
- 1 pair – Pile pants, wool pants, or snow pants for backup
- Wind/rain pants pvc/nylon/gortex
- Two medium pile shirts (wool or fleece)
- Heavy Pile Jacket (wool or fleece)
- Parka which is your outside shell (with a hood is the best)
- 2 hats that cover your ears (ugly ones are the warmest! and they make everyone laugh)
- 3 pair of mittens ( much warmer than gloves)
- Gaiters, these keep the snow out of your boots
- Extra Pair of boots (or sneakers) to wear in the cabin if available

### Sleeping

- Plastic Ground Sheet or space blanket to put under your sleeping pad
  - Sleeping Pad **#1** (closed cell foam is mandatory)
  - Sleeping Pad **#2** (closed cell foam is excellent, wool blanket will do.)
  - Sleeping Bag – Should be good to 0 degrees or colder
  - Optional fleece bag liner
  - Non-cotton hat to wear to bed (not the same one used outdoors, remember ugly is best!!)
- Remember each night you put on a new clean/dry pair of long underwear to sleep in and wear the next day.  
See clothing section above.
- A clearly marked “Pee bottle” is optional but recommended.

### Personal

- Toothbrush and toothpaste
- Medication
- Personal Toiletries. A few individual packed “wet ones” go a long way...
- Sunscreen & Sunglasses

### Eating

- 2 --One-liter water Bottles 1 needs to be hard clear Lexan to handle boiling water
- One insulator or extra big wool sock for at least 1 water bottle.
- Bowl, Cup and Spoon in a plastic bag

### Other

- Headlamp with extra batteries **MANDATORY**
- Camera and extra batteries (optional)
- Lightweight Snow shovel for quinzhee building (if you have one)

### **Important Notes**

- As always in the wilderness, pack all gear in plastic bags in your pack
- Remember to plan on at least one change of clothing getting completely wet.